

PurposeHouse Christian Counseling
Counseling for: Depression | Sexual Abuse | Anger | Marriage | Premarital prodiving hope and strategies for change through compassionate, Biblical care

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# Consent, Awareness, and Release

Are you interested in Biblical counseling at PurposeHouse Christian Counseling (PHCC)? If you are, please read the following and then sign at the designated place at the end of this document.

#### We are Biblical

The counselors at PHCC are available to take a limited number of counseling cases. Our counselors (by design) are licensed by the National Christian Counselors Association (NCCA) not the state of Maryland. Why? We do not believe in evolution, which is the foundation of many secular counseling approaches and techniques. Also, we do not adhere to many other tenets of secular psychology rooted in premises that are anti-biblical. We want to be free to counsel from a Biblical perspective.

## We are Qualified

All PHCC counselors have at least a master's degree, are licensed clergy, and have had extensive training and experience in biblical counseling as well as selected secular counseling techniques that are not in direct opposition to Scripture. We understand how secular psychology approaches work, and that many of them are not constructive for those who want to follow Christ. All the primary counselors hold graduate degrees in biblical counseling from accredited colleges and graduate schools and are familiar with the "big eight" schools of thought of secular psychology.

Rev. Lenita Reeves, the director of the center, was ordained in 2011, has over a decade of counseling experience as an associate pastor, lead pastor, and professional counselor. She is a doctoral candidate (DMin.) in Christian Counseling, has taught biblical counseling strategies at numerous conferences, has written books and articles on biblical counseling topics, and has a national and international counseling and teaching ministry.

# What to Expect

PHCC counseling will involve listening, diagnosing, providing cognitive and scriptural strategies, scriptural teaching, and making practical application of the same to each individual. The counselee is held fully responsible for how she or he implements that counsel.

Our counselors are not infallible, nor do they pretend to know all there is to know about biblical teaching and its applications to life, but they are well equipped and competent to help people change. They will make a point to differentiate between God's commands and their suggestions. Counselors will also honestly tell you if they are stymied and will seek help. (Please note that we do not give medical or legal advice, except as it relates to Scripture).

If you are not sure that you will be interested in Biblically based counseling, you may want to first attend one or two sessions to discover what biblical counseling is like. If you are unwilling to use the Bible as the final authority and are unwilling to do the homework assigned, sessions will be terminated.

# **Transparency**

If you are attending a local church, we encourage you to invite the pastor from your local church or someone in its leadership to accompany you to the counseling sessions if and only if you feel comfortable. This will make the transfer back to the pastoral care of your church much easier to effect if you currently have a local church.

At any time during the counseling, for reasons sufficient to himself/herself, the counselor -- as also the counselee -- shall have the option of terminating counseling.

### **Fees**

PHCC charges for counseling based on an income scale. Gross annual income over \$60k are required to pay \$70 for a 50-minute session and \$90 for an 80-minute session. Those under this income level are charged \$50 and \$70 respectively. Also, part of the weekly homework assignments may require purchasing materials that relate to the counseling being done. We try to keep this at a minimum, providing printed handouts for counselees as much as possible. When necessary, counselees are expected to pay for third-party materials.

#### Indemnification

If a conflict should arise between the counselee and the counselor, both parties must agree to resolve the dispute outside the secular court system and the counselee agrees to hold PHCC or its director harmless in any court of law. We will make concerted effort to resolve any matters with the counselee personally.

If you are willing to enter into the kind of counseling described in this statement, please sign below as indicated and email the signed copy to <a href="mailto:purposehouseinternational@gmail.com">purposehouseinternational@gmail.com</a> prior to your first session.

I have read the conditions for counseling set forth in this document and agree to enter PHCC counseling in accordance with them:	
Client Printed Name	Signature
Date	